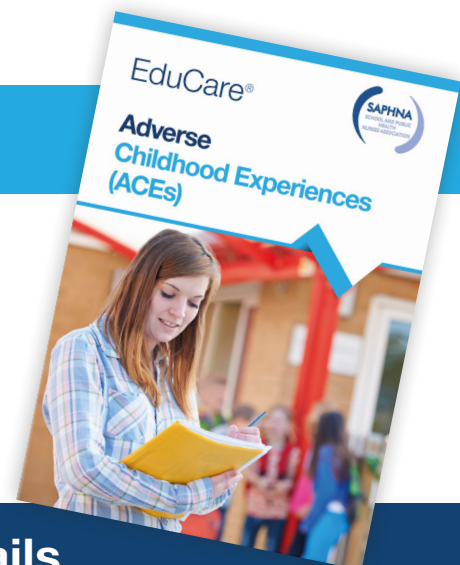


Adverse Childhood Experiences

The purpose of this course is to help you understand what adverse childhood experiences are and how they may affect children growing up. Using statistical evidence, the course also highlights the potential impact that ACEs can have in adulthood. Not everyone who has been exposed to ACEs will have negative outcomes, but understanding ACEs will help support the work and relationships you have with children.



Course details

- One module with a multiple-choice questionnaire
- Two CPD credits*
- Optional narration of the course module and questionnaire for accessibility
- Personalised downloadable certificate
- 70% pass mark
- Printable module for future reference

*1 CPD credit equals up to 1 hour of learning

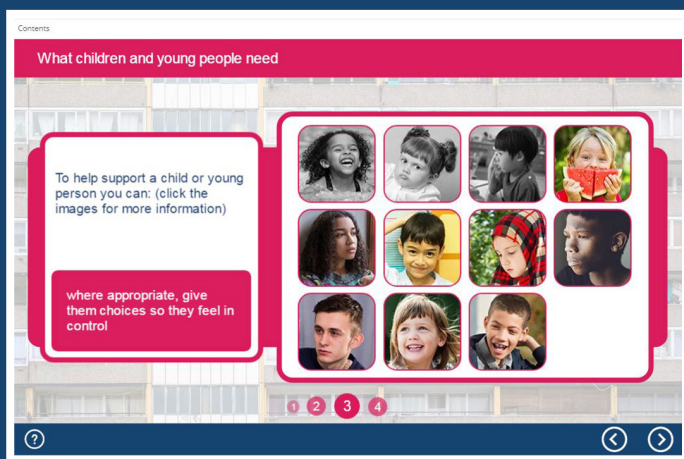
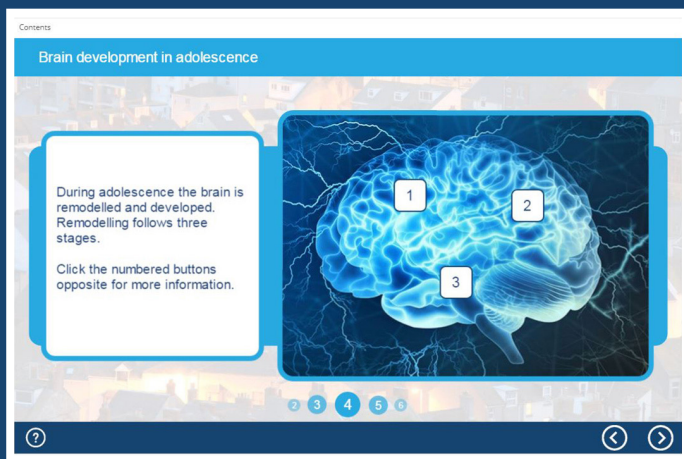
Course content

The purpose of the course is to help you:

- understand what adverse childhood experiences are, including the two categories of direct and indirect ACEs
- understand trauma including the concept of 'Fight, Flight or Freeze' mode
- understand the term toxic stress and its effects on the developing brains of children and adolescents
- understand attachment theory and the differences between secure and insecure attachment in children
- be aware of the potential negative impact (supported by statistics) that being exposed to ACEs as a child can have on adult wellbeing, mental and physical health
- understand what protective factors are, and how these can help to offset the negative impact that ACEs can have
- understand what children and young people who experience trauma need to enable them to cope and overcome the negative impact of ACEs
- improve your listening skills to help you understand the child's perspective and offer them appropriate support
- understand resilience and how working with parents can help a child become more resilient
- understand what you can do to help break the cycle of ACEs when working with children and families.

This course is suitable for

Anyone who comes into contact with children and young people up to the age of 25.



Key features

- Visually engaging and highly interactive
- Video to highlight key learning points
- Thought-provoking case studies and scenarios
- Answer explanations for those who achieve the pass mark
- Additional resources to expand learning.

Purchase options

1. Available as a standalone course on the EduCare website.
2. Buy as part of one of our multi-course licences. For further information, please call 01926 436212 to discuss purchase options and licences.



Why choose us?



“EduCare provides a clear and simple mechanism to train staff in a variety of crucial and mandatory areas. Staff numbers continue to grow and time to deliver training face to face is becoming ever scarcer due to increased legislation.”

Phil Wise
Reading Blue Coat School

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